

Mass Times:

Monday to Saturday : 9:15am
Saturday: 5:30pm (Vigil) ; **Sunday:** 8:00am, 10:00am, 5:30pm
First Friday of the month: 7:00pm

Rosary: Monday to Saturday: 8:50am
Sacred Heart Devotions: Fridays, 9:50am
Reconciliation: Saturdays After Morning Mass until 10:20am
Baptisms: 2nd and 4th Sundays, 11:00am
Weddings and Funerals: Contact Parish Office



CATHOLICCARE SYDNEY

Join the Sydney Catholic Youth Team to raise funds for CatholicCare Sydney's HOPE program in this year's City2Surf. We're aiming to raise \$75,000 to help vulnerable young mothers and their babies. Challenge yourself and run for HOPE! Register online at <https://fundraise.catholiccare.org/city2surf> and join the Sydney Catholic Youth Team today! For further information please contact **Ashleigh Green** on **0419 954 839** or at community@catholiccare.org.au



THE CATHOLIC ARCHDIOCESE OF SYDNEY SAFEGUARDING OFFICE

If you or a person close to you has been abused by someone working or ministering within the Archdiocese of Sydney we invite you to contact us. We will listen to you respectfully, offer support and discuss the options you have available to you. Please contact the Safeguarding and Ministerial Integrity Office on Tel: 02 9390 5812.

MINISTRY ROSTER - 28TH & 29TH JULY 2018

Mass	5:30pm	8am	10am	5:30pm
Acolytes	D Bui	L Cavallo	K Collins	Adam
Readers	Y Sassine	Immaculata Sisters	L Vakauta	L Quinn
Ministers of Communion	A Pham M Abraham	C Wood J Murphy	K Marson I Vellis	S Garrett M Williams
Musician/Choir	IHM Choir	A Tran	J Zhu	M Farlow
Flower Arrangers	T Khoury, S Khoury			
Counters	J DeMartin, N VanDen Nieuwenhuizen, I Culpan			
Bankers	L Farlow, M Farlow			

PARISH CONTACTS

<p>Immaculate Heart of Mary Church</p> <p>Parish Priest: Fr Greg McGregor Assistant Parish Priest: Fr Thomas Alukka Parish Secretary: Leisa Farlow Office Hours: Tue - Fri (9:30am - 2:30pm) 6 Kerrinea Road, Sefton NSW 2162 Phone: 02 9644 4026, Fax: 02 9743 7407 Email: office@ihmsefton.org.au Parish Website: www.seftoncatholicchurch.org.au</p>	<p>Immaculate Heart of Mary - Primary School</p> <p>Principal: Mr. John Kennedy School Office: 30 Proctor Parade, Sefton, NSW 2162 Phone: 02 9644 3555, Fax: 02 9644 8214 Email: info@ihmsefton.catholic.edu.au Family Educator: Mrs Claude Bourizk</p>
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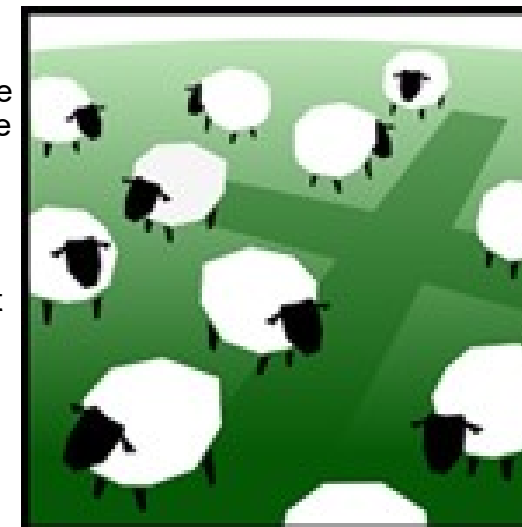
Immaculate Heart of Mary Parish, Sefton

6 Kerrinea Road, Sefton, NSW 2162

Parish Priest: Fr Greg McGregor
Assistant Parish Priest: Fr Thomas Alukka

Sunday, 22 July 2018: Sixteenth Sunday in Ordinary Time - Year B

I know very few people these days who work from 9.00am to 5.00pm. The eight-hour day seems to be a thing of the past. Where priests regularly encounter these new work patterns is when we see young people who are preparing for marriage in the Church. Sometimes to arrange a meeting we have to resort to a 6.30am or 10.00pm meeting. Some young people are working sixty hours a week. They take work home and work on the weekends. We know from surveys that they eat out most of the time, they party hard when they get the chance, and that Sunday is spent on the home front, going to the gym or sleeping. Then on Monday they start the process again.



Two things drive this obsessive work practice: competition in the job market, and the financial bonuses offered to the employees. The problem is that this practice cannot be a long-term strategy. At the other end of the scale we all know people, only in their 30s and 40s, who are burnt out and feel used by a ruthless commercial market-place. This culture of exhaustion is not confined to the young corporate raiders. Most people in our country have never worked as hard, with so many claims on our time and energies. Excessive demands on one's time, no matter how great the needs and rewards, were issues for Jesus and the Apostles as well. The best translation of the Greek text for today's gospel says that after the apostles returned from their missionary journeys 'there were many coming and going and they had no leisure, even to eat'. Jesus' call to 'come away to some lonely place all by yourselves and rest for a while' is not just about good work practises and ethical employment policy. It is about humanising our work, making sense of what we do and seeing our work as means to an end, not an end in itself. The social teaching of the Church, especially in Pope John Paul's statements about labour and the rights of workers, repeatedly stresses three aspects to work:

- it gives us dignity. Governments and employers must not allow a work culture to develop where we lose our sense of personal importance, where we are treated like just another cog in the wheel;
- work enables us to improve the standard of living for us and our families;
- through working we develop our talents and gifts which builds up society as a whole.

Rest from work is a key factor in the success of all three aspects being achieved in any community. A culture of exhaustion militates against them. The bottom line in all this is appropriate boundaries.

Mark tells us today that though Jesus was moved to compassion by the needs of the crowd, he also knew that their needs were not the only ones that had to be met. Jesus teaches his disciples and us that the balance between work and rest is an obligation of faith. This applies equally to work inside and outside the family home. So this Sunday's Gospel carries a critical message for the modern world. Rest, recreation and leisure are not indulgences about which we should feel guilty. They are rights defended by Christ and protect our human dignity. I hope today you have a well-earned break.

© Richard Leonard SJ

READINGS

This Week: Jer 23:1-6 Eph 2:13-18 Mk 6:30-34

Next Week: 2 Kgs 4:42-44 Eph 4:1-6 Jn 6:1-15

GRANDPARENTS DAY MORNING TEA & MASS

On **Friday 27th July**, there will be a morning tea hosted by our Family Educator, Claude, commencing from **8:15am** in the **Oblate rooms** (next to the Church). All parishioners are welcome to attend the morning tea and also the **Grandparents Day Mass at 9:15am** in the church.



ACOLYTE AND MUSICIAN EXPRESSION OF INTEREST

We are currently seeking expressions of interest from anyone who would like to become an acolyte or help with the music at weekend masses. Training will be required and supplied in order to prepare you for these rewarding ministries. If you believe these are areas you may be able to assist within our community, please leave your details on the form at the back of the Church (in the foyer). Thank you.

OUR LADY OF TERZITO

The feast of Our Lady of Terzito will be celebrated on **29th July 2018** at **Our Lady Queen of Peace Church, Gladesville** at **1:30pm**, with Holy Mass followed by a procession in the street. A triduum will precede the feast day at OLQP Church with Rosary, Holy Mass and sermon at **7:15pm on Thursday 26, 27 and Saturday 28th July 2018**. All are warmly welcome.

PARISH RETREAT

The Immaculate Heart of Mary **Parish retreat** will be held from **Friday 19th to Sunday 21st October** at the **Varroville Carmelite Retreat Centre** (before Campbelltown). We are very fortunate to have Fr James Jeyachandran lead the retreat this year. Please place your details on the form in the foyer to express your interest to attend as numbers are limited.



HIGH SCHOOL APPLICATIONS

If you would like Fr Greg to sign off on your child's high school application, please attach a family photo to the completed application and drop off to the Presbytery during business hours (**Tue-Fri** between **9:30am** and **3:30pm**) or in the Presbytery letterbox out of office hours.

AUGUST HEALING MASS

All parishioners are invited to attend the August Healing Mass at **St Joseph's Catholic Church 126 Liverpool Rd Enfield** on **Friday 3rd August**. If you have any queries, feel free to contact Rose on 9642-2359 or 0412 115 961. Thank you

COMMUNICATING HOPE AND TRUST

How can we share the message of Christ and his Gospel in contemporary Australia? Speakers from here and abroad will challenge delegates at the Australian Catholic Communications Congress to take up Pope Francis' call for Catholics to "communicate hope and trust". **September 5-7 in Brisbane**. All are welcome. Find out more and register at www.catholic.org.au/accc

THE BISHOP'S BLEND

Bishop Richard Umbers is hosting the fifth edition of a series of breakfast events for young professions, titled The Bishop's Blend, on **Monday, 6 August 2018 at 7:00am**. The purpose of these events is to bring young Catholic professionals together for a quarterly breakfast, and for them to hear from a well-versed professional in a chosen field how they personally live their faith in the workplace. It will also be an opportunity for those who attend to network with other young Catholic professionals.

WOMEN FOR THE WORLD LUNCHEON

Caritas Australia warmly invites you to the Women for the World Sydney Luncheon at the **Four Seasons Sydney** on **Friday, September 7 from 12-2:30pm**. The cost for the event is **\$160 per person or \$1500 for a table of ten**, which includes arrival champagne, 2 course lunch accompanied by a selection of wines. All funds from the event go towards the vulnerable communities that Caritas supports. Just by attending, you will have a positive impact on women and girls around the world! Inspirational woman and special guest, Marie Mondu, will speak of her work in Papua New Guinea, assisting survivors of violence through local Catholic-run safe houses and helping young people overcome missed opportunities through life-saving informal education.

MASS INTENTIONS:

Sat 21st	9:15am	RIP Bruce Gorman (Anniversary on 2/7)
Vigil	5:30pm	RIP Joan & Kathy Watson
Sun 22nd	8:00am	RIP Craig McAuley (Birthday)
	10:00am	RIP Elizabeth Stubbs
	5:30pm	RIP Margaret Fox
Mon 23rd	9:15am	Welfare of all Parishioners
Tue 24th	9:15am	Giacobe Nguyen Bac Nha & All Forgotten Souls In Purgatory
Wed 25th	9:15am	Thanksgiving Mass for Theresa Chow
Thu 26th	9:15am	Private Intentions of Marie-Claire Calvet
Fri 27th	9:15am	Intentions of Anne Potter (Pray for Healing)
Sat 28th	9:15am	Intentions of Harold Falk
Vigil	5:30pm	RIP Bernardo Ciamponè

WE PRAY FOR...

Recently Deceased

Liseby Laroche



RIP Anniversary

Joan Watson, Norman Gilbert, Gerard Pinto, Clarice Wise, Raffaele Scaturchio, Leon Banboukjian, Joshua Bangura, Abdou Dakkache, Kevin Buckles, Bernardo Ciamponè

Our Sick

Barry Ryan, Monica McIntyre, Harold Falk, Varghese Alukka, Bryant Wilson, Kieran McGregor, Alma Ryan, Annette Evans, Kevin Magnussen, Bishop G Robinson, Sister Marie O'Dea, John Mealing, David McGeachie, Kath Coughlin, Mary Keane, Bob Rodrigues, Spiteri family, Leslie Cotter, Matthew Barrington, Lydia Gwynne, Leo Hackett

WORLD YOUTH DAY PANAMA 2019 SUBSIDIES ON OFFER

The Catholic Archdiocese of Sydney invites young adults to pre-register for the **WYD 2019 Panama** via Washington DC pilgrimage, which will be led by His Grace, Archbishop Anthony Fisher OP.

How does the subsidy work?

Pilgrims wishing to accept the offer of a subsidy need to pre-register by depositing a minimum, non-refundable deposit of \$1,000. The deposit will confirm your place on the pilgrimage. The Archdiocese of Sydney will then add \$1,000 to your account. The indicative cost of the pilgrimage is \$8,686. For pilgrims considering the optional Mexico extension, the indicative total cost is \$9,786. Note that should the pilgrimage not go ahead as planned, all deposits shall be returned in full.

How do I make a deposit?

Step 1: Reference your deposit using: WYD19 + FULL NAME (Eg. WYD19PETERHARRISON)

Step 2: Select and pay your deposit amount to: **BANK ACCOUNT: Catholic Archdiocese of Sydney**

BSB: 062 000 ACCOUNT NUMBER: 10289801

Step 3: Email abel.gaspi@sydneycatholic.org the details of the transaction.

Step 4: Wait for an email confirming your deposit. Once registration officially opens, your deposit and subsidy will be transferred into your COSMOS account.

We are all excited to journey with you and enjoy this experience of a lifetime. For more information, you can contact me on abel.gaspi@sydneycatholic.org



UPCOMING EVENTS

Wed, 25th July

- 10:00am - Mass & Anointing at Abel Tasman Aged Care

Fri, 27th July

- 8:15am - Grandparents Day Morning Tea in Oblate rooms
- 9:15am - Whole School Mass for Grandparents Day

Wed, 1st August

- 7:00pm - Parent Only Info Night for 1st Holy Communion

Wed, 8th August

- Office Closed due to staff training

Planned Giving & tax receipts are now available on the table in the foyer of the church for those who requested them.