

**Mass Times:**

**Monday to Saturday :** 9:15am

**Saturday:** 5:30pm (Vigil) ; **Sunday:** 8:00am, 10:00am, 5:30pm

**First Friday** of the month: 7:00pm

**Rosary:** Monday to Saturday: 8:50am

**Sacred Heart Devotions:** Fridays, 9:50am

**Reconciliation:** Saturdays After Morning Mass until 10:20am

**Baptisms:** 2nd and 4th Sundays, 11:00am

**Weddings and Funerals:** Contact Parish Office



# Immaculate Heart of Mary Parish, Sefton

6 Kerrinea Road, Sefton, NSW 2162

**Parish Priest:** Fr Greg McGregor  
**Assistant Parish Priest:** Fr Thomas Alukka

**Sunday, 12 August 2018: Nineteenth Sunday in Ordinary Time - Year B**

## CATHOLIC WEEKLY - PULPIT POINTS 12TH AUGUST 2018

- Archbishop Comensoli installed
  - God is good for you: Greg Sheridan
  - Archbishop welcomes death penalty change
  - Choir marks 200 year tradition
  - Movie review: Mission: Impossible – Fallout
  - Facing the causes of the abuse crisis
- Available in the foyer - \$2. All money goes to the poor.

## THE CATHOLIC ARCHDIOCESE OF SYDNEY SAFEGUARDING OFFICE

If you or a person close to you has been abused by someone working or ministering within the Archdiocese of Sydney we invite you to contact us. We will listen to you respectfully, offer support and discuss the options you have available to you. Please contact the Safeguarding and Ministerial Integrity Office on Tel: 02 9390 5812.

## MINISTRY ROSTER - 18TH & 19TH AUGUST 2018

Mass	5:30pm	8am	10am	5:30pm
<b>Acolytes</b>	W Khouw	K Collins	J Rodrigues	B Freeburn
<b>Readers</b>	T Evans	P Foran	M Keep	M Faitua
<b>Ministers of Communion</b>	A Pham N Barry	C Wood J Murphy	E Torres K Hicks	J Freeburn S Garrett
<b>Musician/Choir</b>	IHM Choir	A Tran	J Zhu	M Farlow
<b>Flower Arrangers</b>	N Zalloua, R Khoury			
<b>Counters</b>	M Lonergan, P Rolfe, J Horsley			
<b>Bankers</b>	I Prygiel, M Enright			

## PARISH CONTACTS

### Immaculate Heart of Mary Church

**Parish Priest:** Fr Greg McGregor  
**Assistant Parish Priest:** Fr Thomas Alukka  
**Parish Secretary:** Leisa Farlow  
**Office Hours:** Tue - Fri (9:30am - 2:30pm)  
**6 Kerrinea Road, Sefton NSW 2162**  
**Phone:** 02 9644 4026, **Fax:** 02 9743 7407  
**Email:** office@ihmsefton.org.au  
**Parish Website:** www.seftoncatholicchurch.org.au

### Immaculate Heart of Mary - Primary School

**Principal:** Mr. John Kennedy  
**School Office:**  
**30 Proctor Parade, Sefton, NSW 2162**  
**Phone:** 02 9644 3555, **Fax:** 02 9644 8214  
**Email:** info@ihmsefton.catholic.edu.au  
**Family Educator:** Mrs Claude Bourizk

Around the world there are women's shelters run by the St Vincent de Paul Society called 'Manna House'. It's an inspired name for such an important work. Women and their children, in the midst of fear, and having suffered terrible abuse, are welcomed into a safe-haven where they can be loved and looked after. It's a temporary respite where broken families can piece their lives back together and be revived for the journey ahead.

What happens at 'Manna Houses' for women at risk happens for each of us when we come to the Eucharist. We receive manna from heaven. It's our stop on the journey of faith so that we can go out spiritually revived to be the face of Christ in the world. Sometimes we need this 'manna come down from heaven' when we are spiritually most at-risk.



I love the fact that as Catholics we believe that Christ is present in ordinary gifts of bread and wine blessed and offered at the Eucharist. We don't just believe that Christ is present in sunrises, sunsets and in natural beauty, we also believe that God comes to us in a special and unique way in the simple, ordinary things of life. And it is in what we do with these gifts of bread and wine that Christ is really present. The earliest Christians called the Eucharist 'the breaking of the bread'. It is the broken bread and the poured cup given into our hands to which we say 'Amen' and so affirm our belief that Christ is present here.

We often need to be reassured of Christ's presence when we are in the desert periods of our own life. We can feel we are wandering around in the wilderness looking for some sign of God's life. For all of us who are broken in mind, body or spirit, or who are pouring ourselves out in love for other people, communion is precisely the time Jesus meets us where we are. Is it any wonder that the Eucharist means so much to us? May we never feel as though we are not good enough to be here, for Jesus has invited us to his table where we are loved and cared for.

As important as the Eucharist is, however, it is not 'ours', in the sense that we can selfishly hold on to the gifts we receive here. We are given Christ in Word and Sacrament, so we can become Christ. In a sense Jesus says the same thing in today's Gospel when he talks about how the Father draws people to faith.

Sometimes we can fall into the trap of thinking that faith is only an intellectual exercise. As important as good thinking and the power of strong arguments might be, the truth of faith is best demonstrated on an emotional and intuitive level when others see the power of God's saving love active in the way we live our lives. This is what really captures people's attention, and draws them to ask what gives our lives this quality, direction, purpose and meaning. So may this respite from the journey of faith dispel our fears, revive us for the task ahead and enable us to live as though the only Bible others will read will be our lives, and the only Sacraments that will captivate them and draw them to Christ will be our justice and joy.

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## READINGS

**This Week:** 1 Kgs 19:4-8 Eph 4:30 – 5:2 Jn 6:41-51  
**Next Week:** Prv 9:1-6 Eph 5:15-20 Jn 6:51-58

## ALL CATECHISTS

All catechists: **you have mail**. Please check your mailbox and continue to do this on a **weekly basis**. Thank you.

## FATHER PETER STOLL OMI

Fr Peter Stoll OMI will be passing through Sefton in the coming weeks. He would love to catch up with any parishioners who are interested. He will be at **DOOLEY'S CATHOLIC CLUB REGENTS PARK on Tuesday 21st August at 12noon** for lunch. All welcome!

## PARISH RETREAT

The Immaculate Heart of Mary **Parish retreat** will be held from **Friday 19th to Sunday 21st October at the Varroville Carmelite Retreat Centre** (before Campbelltown). We are very fortunate to have Fr James Jeyachandran lead the retreat this year. Please place your details on the form in the foyer to express your interest to attend as numbers are limited.



## FLAT FOR RENT

A one bedroom granny flat has become available for rent at **\$180/week**, located near Birrong station. The flat is not suitable for a family however would be ideal for a couple or single parent. If interested, contact **Lynh Nguyen on 0415 204 230**.

## MEMORIAL MASS FOR THE UNBORN

Most Rev. Anthony Randazzo, Auxiliary Bishop of Sydney, will offer the annual *Memorial Mass for the Unborn* on **Wednesday 29th August at 7:00pm at St Mary's Cathedral**. The mass will be offered in commemoration of the unborn children lost to abortion and in solidarity with the mothers and fathers who grieve this profound loss. During the mass, 74 candles will be brought forward in remembrance of the 74 lives lost to abortion each day in NSW. All are invited to attend. Enquiries: Life, Marriage and Family Centre on 9307 8400 or [LMFEvents@sydneycatholic.org](mailto:LMFEvents@sydneycatholic.org)

## PLENARY COUNCIL

*Why not be involved?* The 2020 Plenary Council is a gathering of the Church in Australia to make decisions for the future. Your voice is important. You are invited to contribute to the Plenary Council agenda, by sharing your experience of faith and of the Church. To be involved, visit

<http://plenarycouncil.catholic.org.au/>

Become an ambassador, facilitating listening and dialogue groups in your parish. If you want to know more, please speak with your Parish Priest, contact 9390 5100 or email

[plenarycouncil@sydneycatholic.org](mailto:plenarycouncil@sydneycatholic.org)

## ST VINCENT DE PAUL VOLUNTEERS NEEDED

Every Thursday, 6-8pm, a group of St Vincent de Paul volunteers meet at the Parish Centre at IHM Sefton to go out into the community and assist those in need at their homes. This group has been active in the local area for over 40 years and are currently seeking new members to help out with this great initiative. Pairs of volunteers conduct home visits as prescribed by the regional office of St Vincent de Paul. If you wish to join the band of amazing volunteers, please register your interest with Geoff Barrett on 9897-3509. Thank you for considering this worthwhile mission.

## CATHOLIC CARE SYDNEY

A representative from Catholic Care will be conducting a presentation for parishioners interested in learning about their entitlements and gaining assistance in relation to services available for in-home care.

**When:** Wednesday 22 August

**Time:** 10.00am start, so arrive from 9.30am

**Where:** St Mary Queen of Heaven church, 15 Georges Crescent, Georges Hall

Presenter: Deborah Absalom, Catholic Care

RSVP or Enquiries: Veronica 0407 231 262

Following the presentation there will be time for questions, discussion. Morning tea will be provided afterwards. If any parishioners are interested, you are most welcome to come along.

## THINKING OF ....

Our prayers and thoughts are with Jean Murphy, a dedicated parishioner, whose brother Brother Mark Murphy passed away recently. May perpetual light shine upon Brother Mark and may he rest in peace.

## MASS INTENTIONS:

<b>Sat 11th</b>	9:15am	RIP Betty O'Bourke (2nd Anniversary)
<b>Vigil</b>	5:30pm	RIP Craig Bass & the Muir Family
<b>Sun 12th</b>	8:00am	RIP Anna Vidakovic (2nd Anniversary 13/8)
	10:00am	RIP Janet Daoud
	5:30pm	RIP Liseby Laroche
<b>Mon 13th</b>	9:15am	Welfare of all Parishioners
<b>Tue 14th</b>	9:15am	RIP Bert Whiting
<b>Wed 15th</b>	9:15am	RIP Mollie, Clarrie & Ron Cochrane
<b>Thu 16th</b>	9:15am	RIP Mario Sacqualini
<b>Fri 17th</b>	9:15am	RIP Lucy Chenchek
<b>Sat 18th</b>	9:15am	RIP Bui Thi Nhiem
<b>Vigil</b>	5:30pm	RIP Mirko Maricic (5th Anniversary 4/7)

## WE PRAY FOR...

### Recently Deceased

Mary Low, Br Mark Murphy, Fr John O'Doherty OMI

### RIP Anniversary

Beryl Hayward, Anna Vidakovic, Patricia Auld

### Our Sick

Rosina Pellegrino, Youssef Ghadban, Barry Ryan, Monica McIntyre, Harold Falk, Varghese Alukka, Bryant Wilson, Kieran McGregor, Alma Ryan, Kevin Magnussen, Bishop G Robinson, Sister Marie O'Dea, John Mealing, David McGeachie, Kath Coughlin, Mary Keane, Bob Rodrigues, Spiteri family, Leslie Cotter, Matthew Barrington, Lydia Gwynne, Leo Hackett

## SEXUAL REVOLUTION: 50 YEARS SINCE HUMANE VITAE

Sexual Revolution: 50 Years Since Humanae Vitae is an exciting and beautifully-made documentary that examines the parallel developments of the Pill and modern Natural Family Planning (NFP) by telling the little known story of the founding doctors, respectively, Dr. Gregory Pincus and Drs. John & Evelyn Billings. The centerpiece of the film is the dramatic life story of Alana Newman, a talented recording artist who goes from being an activist for feminism and sexual freedom to giving up her promising musical career for life, family, and love. Born through donor conception (via an anonymous sperm donor), Alana's youth is filled with natural curiosity about her biological father. As she gets older, however, this curiosity develops into a sense of abandonment and self-doubt. Still, a spark of that curiosity inspires her on to an arduous search for Truth, Beauty, and Goodness—and her father. Eventually, Alana discovers the treasures of Theology of the Body, Humanae Vitae, and all the riches of the Catholic Church, and comes to realize that she, in fact, may never have been fatherless. Sexual Revolution: 50 Years Since Humanae Vitae has been endorsed by The Pontifical Council for the Promotion of the New Evangelization. To watch the trailer or organise a screening of the film go here: [www.sexualrevolutionmovie.com](http://www.sexualrevolutionmovie.com)

**There will be mass at 7:00pm for the Feast of the Assumption of the Blessed Virgin Mary on Wednesday 15th August (Holy Day)**

## UPCOMING EVENTS

### Wed, 15th August (Holy Day)

- 9:15am - Whole School Mass for the Assumption of the Blessed Mary
- 7:00pm - Mass for the Assumption of the Blessed Mary

### Wed, 28th August

- 10:30am - Mass & Anointing at Chester Hill Aged Care

### Wed, 29th August

- 10am - Mass & Anointing at Abel Tasman Village Aged Care

## SINCERE SYMPATHY

and loving prayers from the parish family to the family, relatives and friends of Mary Low, a longstanding and devoted parishioner at Sefton. May she rest in peace and may perpetual light shine upon her.



A requiem mass was held for Mary at Immaculate Heart of Mary Church Sefton on Friday 10th August.