

Mass Times:**Monday to Saturday** : 9:15am**Saturday**: 5:30pm (Vigil) ; **Sunday**: 8:00am, 10:00am, 5:30pm**Rosary**: Monday to Saturday: 8:50am**Sacred Heart Devotions**: Fridays, 9:50am**Reconciliation**: Saturdays After Morning Mass until 10:20am**Baptisms**: 2nd and 4th Sundays, 11:00am**Weddings and Funerals**: Contact Parish Office**CATHOLIC WEEKLY - PULPIT POINTS 4TH NOVEMBER 2018**

- East meets West: Adoration under the stars
- Red is for the persecuted
- North Bondi man is NRL teacher of the year
- Sinister schools agenda: Pat Byrne
- Movie review: Halloween
- Popes new book

*Available in the foyer - \$2. All money goes to the poor.***THE CATHOLIC ARCHDIOCESE OF SYDNEY SAFEGUARDING OFFICE**

If you or a person close to you has been abused by someone working or ministering within the Archdiocese of Sydney we invite you to contact us. We will listen to you respectfully, offer support and discuss the options you have available to you. Please contact the Safeguarding and Ministerial Integrity Office on 02 9390 5812.

MINISTRY ROSTER - 11TH & 12TH NOVEMBER 2018

Mass	5:30pm	8am	10am	5:30pm
Acolytes	W Khouw	T Kelly	J Rodrigues	D Bui
Readers	R Winder	M Heim	V Visevic	M Cowan
Ministers of Communion	A Pham Y Sassine	L Abouchabake M Abraham	K Hicks K Marson	J Luciano M Farlow
Musician/Choir	IHM Choir	A Tran	J Zhu	M Farlow
Flower Arrangers	T Khoury, S Khoury			
Counters	T Flanagan, K Collins, I Prygiel			
Bankers	L Farlow, M Farlow			

PARISH CONTACTS**Immaculate Heart of Mary Church****Parish Priest:** Fr Greg McGregor**Assistant Parish Priests:** Fr Thomas Alukka
Fr Andrew Feng**Parish Secretary:** Leisa Farlow**Office Hours:** Tue - Fri (9:30am - 2:30pm)**6 Kerrinea Road, Sefton NSW 2162****Phone:** 02 9644 4026, **Fax:** 02 9743 7407**Email:** office@ihmsefton.org.au**Parish Website:** www.seftoncatholicchurch.org.au**Immaculate Heart of Mary - Primary School****Principal:** Mr. John Kennedy**School Office:****30 Proctor Parade, Sefton, NSW 2162****Phone:** 02 9644 3555, **Fax:** 02 9644 8214**Email:** info@ihmsefton.catholic.edu.au**Family Educator:** Mrs Claude Bourizk**Immaculate Heart of Mary Parish, Sefton**

6 Kerrinea Road, Sefton, NSW 2162

Parish Priest: Fr Greg McGregor**Assistant Parish Priest:** Fr Thomas Alukka**Sunday, 4th November 2018: Thirty-First Sunday in Ordinary Time - Year B**

It is amazing to note how leaving out just one half of one verse of the Gospel can affect the Christian life for centuries. All of us know by rote the command of Jesus that we must love God with all our heart, mind, soul and strength and we must love our neighbour. But the second half of verse 31 is not usually quoted because, sadly, it is not as imbedded in our memory. It reads: 'You shall love your neighbour AS YOU LOVE YOURSELF.'



There are very clear historical reasons why the second part of Jesus' summary of the commandments was quietly forgotten. Given the chequered personal experience he had of his own body, St Augustine, in the fifth century, had very ambivalent feelings about the human body. He thought that, generally, it was to be feared as the instrument through which we would sin. He encouraged us to tame it through prayer, mortification and penance. Augustine's ideas about the body held sway until Thomas Aquinas in the 13th century and the Jesuit Theologians of the 15th century argued that while the body can lead us to sin, it is also a temple of the Holy Spirit and a vehicle of God's love and grace.

In the 16th century Cornelius Jansen denounced Aquinas and the Jesuits and argued that Augustine held the correct Christian view. No matter what the Church did to denounce Jansen at the time, his thinking took deep root in Europe, the USA and missionary countries throughout the world. Jansenism, the belief that our body and its desires are evil and that we need to harshly mortify ourselves, is, tragically, still active in Christian thought today. Jansenism is irreconcilable with today's Gospel where Jesus tells us that the love of God, the love of neighbour and the love of self are the cornerstones of the Christian law. And the opposite must be true too. We CANNOT call ourselves Christian if we hate God, hate our neighbour or hate ourselves. Some people argue that Western society has already gone too far in the direction of self-love. They maintain that the lengths some people go to achieve a sculptured body, the use of steroids, the growing frequency of eating disorders, the adoration of sportsmen and women, the cult of the gym and of the sex industry all point to a culture too much in love with itself. Some argue what we need is a good dose of self-control. They are only half-right.

The problem with the term 'love of self' is that we often hear in it an encouragement to 'adore self'. Nothing could be further from what Jesus is saying. We are called to love our body, not worship it. Jesus is not calling us to a narcissistic love, like we see in the sex industry and the gym cults, where the only thing we love is ourself. If we have no sense of our own self worth, our own dignity and the personal love of God for each of us, it is impossible for us to give the same to others and to claim from others the dignity we deserve. We will either treat others as our inferiors on the one hand, or allow others to walk all over us, on the other. Love of self is not about canonising a loss of self-control. Jesus shows us by the way he loved his Father, us and himself that true love always involves sacrifice. If we love our self in the right way, we have the self control to forgo those things that are most destructive in our life and we have the generosity to do for others the things that will enrich their lives. Jesus knew, that we can never love others if we hate ourselves.

Let's pray in this Eucharist, then, that we will develop our mind, heart, soul and strength to love the One who has created us in love and love those given into our care with the same love we lavish on ourselves. The Gospel of Jesus Christ demands nothing less!

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Palms Australia invites you to

EXPLORE A NEW MISSION

Opportunities now open in Timor Leste, PNG, Samoa and Myanmar
For info call 02 9560 5333 or email palms@palms.org.au
Q&A: November 5 @ 5.30pm - Aquinas Academy Sydney

READINGS

This Week: Dt 6:2-6 Heb 7:23-28 Mk 12:28-34
Next Week: 1 Kgs 17:10-16 Heb 9:24-28 Mk 12:38-44

WELCOME BEN!

In more surprising news, we have been blessed with the allocation of a seminarian to our Sefton Parish for the next six months! Please make welcome **Ben** as he shares in Masses and other events with our Sefton and Villawood communities from the **27th November**.

WELCOME BACK FATHER THOMAS

We welcome back Father Thomas as he returns from his annual leave. We hope the break provided refreshment and relaxation!

EXTRAORDINARY MINISTERS OF COMMUNION

Please collect the form from the table in the foyer, fill it in and have it returned by **18th November** so that new rosters for Christmas can be compiled. Thank you in anticipation.

PLenary COUNCIL MEETING FOR SEFTON AND VILLAWOOD PARISHES

As you may be aware, the Church in Australia has initiated the Plenary Council 2020 to allow each person to communicate their story and experience of faith and the Church. For our Villawood and Sefton parishes, a meeting has been organised **after the 10am Mass at Sefton Church on Sunday 18th November in the meeting room (Oblate room)**. This is an opportunity for people to create time and space to consider the question; *"What do you think God is asking of us in Australia at this time?"* Please join our community on Sunday 18th November to discuss the role you and your Parish can play in helping the Church in Australia.

CWF APPEAL

The Charitable Works Fund Appeal for November will be held at all masses this weekend, **3rd and 4th November**. The work of CWF's benefiting agencies represents our Christian values of mercy, social justice and compassion, ensuring your gift changes lives for the better so please give generously. Thank you for your continuing support. *"Almsgiving helps us to recognise our neighbour as our brother or sister, and to acknowledge that what we possess is never ours alone."* Pope Francis @ Pontifex, 3rd March 2018.

MASS INTENTIONS

Whilst the priests are more than happy to offer Mass intentions, can you please book all Mass intentions through the Parish Office as Masses are booked out at least one week in advance, as well as further into the future. As such, asking for a Mass intention immediately before Mass will only result in disappointment. Please note, Priests are only allowed to offer one Mass intention each Mass. Thank you.

TRANSPORTATION REQUIRED

Some of our Parishioners would love to attend Mass but are unable to make their own way to Church and require transportation. If you are able to assist in this regard, please contact the Parish Office.

CATHOLICARE PRESENTATION

You don't have to work out the home care system on your own. Staying independent in your own home is a priority for many Australian Seniors. CatholicCare's Home Care Specialists can guide you through the complicated government systems. Join us and find out how to access in-home support and caring services.

When: Wednesday 7th November 10:00am (share a cuppa from 9:30am)
Where: Immaculate Heart of Mary Parish Sefton - Oblate Rooms (next to Church)
RSVP: Parish Office: 9644-4026

Who should attend? Seniors (even those who don't need home care today); their friends and family; and community members who have regular contact with Seniors and may be able to help them get a start with organising home care.

MASS FOR PREGNANT MOTHERS

Are you expecting a baby or know someone who is? You are warmly invited to attend the annual Mass for Pregnant Mothers to be celebrated by Most Rev Richard Umbers, Auxiliary Bishop of Sydney, at **St Mary's Cathedral on Sunday 18th of November at 10:30am**. **RSVP and enquiries** can be directed to LMFEvents@sydneycatholic.org or call 9307 8401.

MEMORIAL MASS FOR DECEASED PRIESTS

All parishioners are invited to attend the Annual Memorial Mass for Deceased Priests, celebrated by Bishop Terry Brady. The mass will be held on **Wednesday, 21st November at 12pm at Mary, Mother of Mercy Chapel, Rookwood Catholic Cemetery**. Light refreshments will follow in the Mary, Mother of Mercy Condolence Lounge. Please **RSVP by 15th November** to Nancy Murdocca by either phone: 9646 6908 or email: nancym@catholiccemeteries.com.au

MASS INTENTIONS:

Sat 3rd Vigil	9:15am 5:30pm	RIP Departed Legionary Souls All deceased members of the Nguyen & Hoang Families
Sun 4th	8:00am 10:00am 5:30pm	Intentions of Harold Falk RIP Marian & Jacqueline Vellis (Anniversary) RIP Peter Paul Grovenor
Mon 5th	9:15am	RIP Peter Grovenor (3rd Ann.)
Tue 6th	9:15am	All Departed Souls of Zuzul & Karin Families
Wed 7th	9:15am	Pray for Healing of William John Grabowskyj
Thu 8th	9:15am	RIP Blair Jansz
Fri 9th	9:15am	RIP Cecilia & Bruno Nadile and Giovanna & Eugenio Dore
Sat 10th Vigil	9:15am 5:30pm	RIP Robert Henry Barrington RIP George, Bessie & Fox Family

WE PRAY FOR...

RECENTLY DECEASED

Michelle Barbeau, Josephine Agius, Frances McDermott

RIP ANNIVERSARY

Stephen Low, Nellie Cunningham, Francis King, Peter Grovenor

OUR SICK

Arthur Tomkins, John Morrison, Rosina Pellegrino, Youssef Ghadban, Monica McIntyre, Harold Falk, Varghese Alukka, Bryant Wilson, Alma Ryan, Kevin Magnussen, Bishop G Robinson, John Mealing, David McGeachie, Kath Coughlin, Mary Keane, Bob Rodrigues, Spiteri family, Leslie Cotter, Matthew Barrington, Lydia Gwynne, Leo Hackett

UPCOMING EVENTS

Saturday, 3rd November

- Father Thomas returns from Annual Leave

Tuesday, 6th November

- 9:15am - Year 4 to attend Parish Mass & Reconciliation
- 11:00am - Mass & Anointing at Weeroona Village Bass Hill

Wednesday, 7th November

- 9:30am - CatholicCare Presentation

Sunday, 11th November

- 11:00am - Baptism of Jake Colart

Tuesday, 13th November

- 9:15am - Year 3 to attend Parish Mass & Reconciliation

Sunday, 18th November

- 11:00am - Plenary Council Meeting



Parish Safeguarding Support Officer Volunteer Required

We want you, we want you, we want you as a

New Recruit! No, not for the Navy, but for the Parish!!

The Safeguarding Office of the Archdiocese of Sydney has recently launched an initiative to recruit **Parish Safeguarding Support Officers (PSSO)** to support the Parish Priest to implement proactive Safeguarding measures to ensure safe environments for children, young people and the vulnerable in Parish communities. The PSSO may already be an employee or volunteer in the Parish but the role is on a volunteer basis only.

The ways in which the PSSO could support and assist the Parish Priest:

- Providing Safeguarding induction to all workers and training to volunteers of the Parish who work with children, including reading and signing of the *Code of Conduct for Working With Children and Young People*
- Raising awareness of Safeguarding in your Parish
- Creating Risk Assessments for Parish events/activities
- Responding to Safeguarding audit and compliance requirements
- Reporting any issues or concerns that come to your attention according to Archdiocesan protocols
- Monitoring the Visiting Clergy Register in line with current protocols
- Any other Safeguarding issues as requested by the Parish Priest

For more information about this important support role, please speak with your Parish Priest to express your interest in becoming the Parish Safeguarding Support Officer.

